



The Australasian Delirium Association presents

DECLARED 2023

Delirium Clinical and
Research Days

Conference Program

1-3 November 2023

Scientia
University of NSW
Randwick, Australia

Pre-Conference Workshop 1
 Wednesday, November 1, 2023
‘Improving Delirium Outcomes’ (iDO)

Facilitators: XXX

Room: Leighton Hall

The 2023 iDO Preconference Workshop will cover the basics of delirium prevention, identification, and management in line with the Delirium Clinical Care Standard (DCCS). The day will feature lectures from local and internationally renowned experts in delirium, followed by four simulations of scenarios clinicians may encounter in day-to-day work. Simulations will target aspects of care such as use of screening tools and recognition of delirium in complex patients; communication with patients’, families and carers; and responding to patients with delirium. The workshop also aims to enhance understanding and communication between allied health, nursing, and medical officers to improve delirium outcomes.

To maximise learning and interaction, places are limited, and so you are encouraged to register early.

8:30 – 9:00 am	Registration	Room
9:00 – 9:15 am	Welcoming & Housekeeping	
9:15 – 9:25 am	Introduction to Delirium	
9:25 – 9:55 am	Prevention – “Stop it” DCCS #2 (<i>Interventions to prevent delirium</i>) DCCS #6 (<i>Preventing complications of care</i>) DCCS #7 (<i>Avoiding the use of antipsychotics</i>)	
9:55 – 10:25 am	Identifying Delirium – “Spot it” DCCS #1 (<i>Early identification of risk</i>) DCCS #4 (<i>Assessing and Diagnosing Delirium</i>) DCCS #6 (<i>Identifying and treating underlying causes of delirium</i>)	
10:25 – 10:45 am	Morning Tea	
10:45 – 11:15 am	Treat it DCCS #2 (<i>Interventions to prevent delirium</i>) DCCS #6 (<i>Preventing complications of care</i>)	
11:15 – 11:30 am	The Magic of Inter-professional Learning	
11:30 – 11:35 am	<i>Move Rooms</i>	
11:35 - 12:30 pm	Simulation 1 of 4	
12:30 – 1:30 PM	Lunch	
1.30 – 2:25 pm	Simulation 2 of 4	
2:25 – 2:30 pm	<i>Move Rooms</i>	
2:30 – 3:25 pm	Simulation 3 of 4	
3:25 – 3:35 PM	Drinks Break	
3:35 – 4:30 PM	Simulation 4 of 4	

Pre-Conference Workshop 2
Wednesday, November 1, 2023

Leading, Implementing, and Sustaining an Effective Delirium Quality Improvement Project

Facilitators: Dr Leanne Boehme, Brenda Pun, Melinda Webb-St Mart

Room: Galleries 1

Workshop Description: This full-day workshop was developed by the Critical Illness, Brain Dysfunction, and Survivorship (CIBS) Centre at Vanderbilt University Medical Centre. It equips participants with the skills necessary to develop and lead a delirium-related quality improvement project within their clinical setting. Focus areas include orientation to quality improvement methods, project design and approach, team development and stakeholder identification, communication strategies, data collection and measures, data analysis, sustainability, and dissemination. The workshop will include lectures, case spotlights, and small group breakout sessions. The breakout sessions give participants the opportunity to collaboratively practice and personalize what they are learning while networking with other attendees and session leaders. This workshop will provide opportunity for robust brainstorming and discussion of key quality improvement methods for implementing new evidence-based practices, and strategies to improve patient care.

TIME	PROGRAM
8:00 – 8:15 AM	Welcome and Review of the Schedule
8:15 – 9:00 AM	The Role of Quality Improvement In Advancing Bedside Delirium Care
9:00 – 9:30 AM	Taking the First Step: Introduction to the Model for Improvement
9:30 – 10:00 AM	Identifying the Problem: What are We Trying to Accomplish?
10:00 – 10:30 AM	BREAKOUT: Share Project Idea and Problem Areas
10:30 – 11:00 AM	Team Development: Selecting Stakeholders and Addressing Nay-sayers
11:00 – 11:30 AM	The Sales Pitch: Effective Storytelling and Navigating Competing Agendas
11:30 – 12:00 PM	BREAKOUT: Team Brainstorming and Practice Sales Pitch
12:00 – 1:00 PM	LUNCH
1:00 – 1:30 PM	SMART Aim and Quality Improvement Measures
1:30 – 2:00 PM	BREAKOUT: Define SMART Aim and Identify Project Measures
2:00 – 2:30 PM	Project Implementation and PDSA Cycles
2:30 – 3:15 PM	Data Collection and Analysis for Quality Improvement
3:15 – 3:45 PM	BREAKOUT: Brainstorm the Who, What, When, and How
3:45 – 4:30 PM	Sustainability and Dissemination
4:30 – 5:00 PM	Question and Answer Session

Conference Day 1

Time	Session	Presenters	Room/ Chair
0800	Registrations O		L1
0900	Welcome*	A/Prof Annmarie Hosie and A/Prof Gideon Caplan	Leighton Hall Chair - X
0910	Keynote 1*	Associate Professor Esther Oh, Johns Hopkins, US - <i>Translating Knowledge into Action: Creating a Health Ecosystem to Advance Delirium Prevention and Care</i>	
0935	Plenary 1*	Mr Adam Kwok, Australia - <i>A Partner's Experience</i>	
0950	Plenary 2*	Ms Maria Senatore, Australia - <i>A Daughter's Experience</i>	
1005	Plenary 3*	Professor Alistair McLulich, University of Edinburgh, UK – <i>Responding to Distress in Delirium</i>	
1030	Q and A		
1040	Morning Tea		L1
1110	Plenary 4*	Top scoring abstracts 1 & 2	Leighton Hall Chair - X
1140	Plenary 5*	Presenter - <i>Selfcare and compassion</i>	
1205	Q and A		
1215	Lunch and Poster presentations		L1, Leighton Hall
1315	Symposium: Digital innovations in delirium severity measurement and prediction* Leighton Hall Chair – Heidi Lindroth	Symposium: Australian delirium trials Galleries 1 Chair – Anita Nitchingham	Workshop: Mapping nursing practice against the Delirium Standard Galleries 2 Chair – Annmarie Hosie
1445	Afternoon tea		L1
1500	Submitted abstracts n=4 Leighton Hall Chair - X	Submitted abstracts n=4 Galleries 1 Chair - X	Submitted abstracts n=4 Galleries 2 Chair - X
1600	Plenary 6*	Professor Babar Khan, Indiana University School of Medicine, US - <i>Life after the ICU-Doom and Gloom or Hope and Possibility?</i>	Leighton Hall
1625	Q and A		
1640	Day 1 Close before Social Gathering		

Conference Day 2

Time	Session	Presenters	Room/Chair
0800	Registrations		L1
0900	Welcome*	Dr Anita Nitchingham	Leighton Hall Chair - X
0905	Keynote 2*	Professor Daniel Davis, University College London, UK - x	
0930	Plenary 7*	Associate Professor Niccolo Terrando, Duke University, US- <i>Neuroimmune mechanisms in delirium superimposed on dementia</i>	
0955	Plenary 8*	Professor Robert Sanders, University of Sydney, Australia - <i>Mechanisms of Postoperative Delirium</i>	
1020	Plenary 9*	Top scoring abstracts 3 & 4	
1050	Q and A		
1100	Morning Tea		L1
1120	Symposium: Brain injury in delirium* Leighton Hall Chair – Robert Sanders	Symposium: Why use theory in interventions to improve delirium care? Recent examples from palliative care research Galleries 1 Chair – Meera Agar	Workshop/symposium 6 Galleries 2, Chair - X
1250	Lunch		L1
1345	Submitted abstracts n=5 Leighton Hall Chair - X	Submitted abstracts n=5 Galleries 1 Chair - X	Submitted abstracts n=5 Galleries 2 Chair - X
1445	Afternoon tea		
1505	Plenary 10*	Dr Leanne Boehm and Brenda Pun, Vanderbilt Medical Centre, US – <i>Latest on the ABCDEF bundle</i>	Leighton Hall Chair - X
1530	Plenary 11*	Debate: <i>Interpersonal interventions for delirium are better than technological</i> , Babar Kahn and Amy Montgomery (Pro), Eamonn Eeles and Heidi Lindroth (Con)	
1630	Close	A/Prof Annmarie Hosie and/ A/Prof Gideon Caplan	

*Face to face + Virtual